



# Huntsville, Alabama

305 Fountain Circle  
Huntsville, AL 35801

## Cover Memo

---

**Meeting Type:** City Council Regular Meeting **Meeting Date:** 2/12/2026

**File ID:** TMP-6537

---

**Department:** City Council

**Subject:**

**Type of Action:** Approval/Action

Resolution in honor of Heart Health Month 2026.

Resolution No.

**Finance Information:**

**Account Number:** N/A

**City Cost Amount:** N/A

**Total Cost:** N/A

**Special Circumstances:**

**Grant Funded:** N/A

**Grant Title - CFDA or granting Agency:** N/A

**Resolution #:** N/A

**Location: (list below)**

**Address:** N/A

**District:** District 1  District 2  District 3  District 4  District 5

**Additional Comments:**

N/A

## **RESOLUTION 26-**

**WHEREAS**, cardiac arrest is a leading cause of death in the United States, with more than 350,000 out of hospital cardiac arrests occurring each year and survival rates remaining unacceptably low, underscoring the critical need for community awareness, education, and preparedness; and

**WHEREAS**, nearly seventy percent of out of hospital cardiac arrests occur at home, making bystanders often family members the first and most critical link in the chain of survival, and while immediate cardiopulmonary resuscitation can double or even triple a person's chance of survival, only about forty one percent of cardiac arrest victims receive bystander CPR and fewer than twelve percent receive assistance from an automated external defibrillator before advanced medical care arrives;

**WHEREAS**, for adults and teens, Hands Only CPR calling 911 and pushing hard and fast in the center of the chest can significantly increase survival rates, while infants and children require CPR with rescue breaths to restore oxygen and circulation; and

**WHEREAS**, more than 23,000 children experience cardiac arrest outside of hospitals each year, with nearly forty percent related to sports activities and approximately twenty percent occurring among infants, and cardiac arrest accounts for ten to fifteen percent of sudden unexpected infant deaths; and

**WHEREAS**, studies indicate that women are less likely than men to receive bystander CPR due to fear of causing harm, perceived legal risk, or discomfort with physical contact, barriers that must be addressed through education and community awareness; and

**WHEREAS**, the American Heart Association has established a goal to double survival rates from out of hospital cardiac arrest by 2030 through its Nation of Lifesavers initiative, and community based solutions including CPR and AED education, expanded public access to defibrillators, and the implementation of Cardiac Emergency Response Plans in schools, workplaces, and public spaces are proven strategies that save lives and enhance public safety;

**NOW, THEREFORE, BE IT RESOLVED** the City Council and the Mayor of Huntsville, Alabama, do hereby proclaim February 2026 as American Heart Month in the City of Huntsville, encourage residents to learn cardiopulmonary resuscitation and automated external defibrillator use, promote awareness of cardiac arrest and emergency response, and support community based efforts that strengthen public safety and save lives, and that a copy of this proclamation be presented as a lasting commitment to building a community prepared to act in a cardiac emergency.

**ADOPTED** this the \_\_\_\_ day of \_\_\_\_\_, 2026.

---

President of the City Council of the  
City of Huntsville, Alabama

**APPROVED** this the \_\_\_\_ day of \_\_\_\_\_, 2026.

---

Mayor of the City of Huntsville, Alabama